**SafeZone National and Local Resource Guide**



This sign identifies someone who has been trained and who pledges commitment to supporting lesbian, gay, bisexual, trans\*, queer, questioning and ally individuals.

**The Trevor Project** is an excellent online resource for LGBTQ and allies. It has a 24/7 phone, text, and chat lines, and all kinds of other resources. The website is: [www.thetrevorproject.org](http://www.thetrevorproject.org)



**The Moorpark College Student Health Center** is an important on-campus resource. It offers 6 free sessions of psychological counseling as well as a myriad of medical services through our physician, nurse practitioner, and registered nurses.



MC Student Health Center

Administration Building, Room 111

Phone: 805-378-1413

[www.moorparkcollege.edu/health](http://www.moorparkcollege.edu/health)

Use the MC Student Health Center website students to access mental health, substance abuse, and eating disorder screening.

**The MC Office of Title IX (Sexual Misconduct)** page on the MC website is a great place to go to learn about laws and policies pertaining to sexual misconduct. It describes the broad spectrum of behaviors included in the definition, explains the rights of victims and the accused, and gives information on victims’ options. <http://www.moorparkcollege.edu/departments/student-services/title-ix-sexual-misconduct>

**Other Important Resources**

Suicide Hotline: 1-800-273-TALK or go to [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Mental Health Crisis: **911** or 866-998-2243 Medical Emergency: **911** Campus Police: 805-378-1455

Abuse/Rape/Domestic Violence: 805-656-1111 Alcohol/Drug Services: 805-577-1724

Information and Referral Services for Ventura County: Dial **211** or go to <http://www.211ventura.org/>